Symptom record for heart failure

You can complete the highlighted fields on this form online and then print the form for easy reference. Only text that is visible on the form is printed; scrolled text will not print. Any text you enter into these fields will be cleared when you close the form; you cannot save it.

Use this form to describe the severity of your heart failure symptoms and whether they worsen. Also, record any new symptoms that you develop. Take this form with you when you visit your doctor.

Symptoms	**Describe severity of symptoms and when they started**
Shortness of breath	
Swelling in your legs or ankles	
Cough	
Energy level	
Weight	
Urination at night	
Stomach trouble/bloating/poor appetite	

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