My HealtheVet

VA Allergies & Adverse Reactions User Guide





U.S. Department of Veterans Affairs

Veterans Health Administration My HealtheVet

Contents

VA ALLERGIES & ADVERSE REACTIONS – FEATURES OVERVIEW	. 4
REGISTERED AS VA PATIENT?	. 4
GETTING STARTED WITH VA ALLERGIES & ADVERSE REACTIONS	. 7
DOWNLOAD YOUR ALLERGIES DATA VIA VA BLUE BUTTON	16
WHERE TO FIND HELP	20
Help Resources	20



Table of Figures



VA Allergies & Adverse Reactions – Features Overview

VA Allergies is a My HealtheVet feature that helps you manage your allergies and adverse reactions. Access to this feature is based on your My HealtheVet account type. There are two account types available: Basic and Premium. For more information about these accounts, go to My HealtheVet Account Types page. My HealtheVet users with a Basic account, can self-enter their allergies and adverse reactions. My HealtheVet users registered as a **VA Patient** or **CHAMPVA beneficiary** with a Premium account can also view their allergies and adverse reactions listed in their VA medical record. You cannot add a new allergy to your VA Allergies and Adverse Reactions from your VA medical record. If you have an allergy and adverse reaction that is not listed, tell your VA health care team.

In the Spotlight	
My HealtheVet Account Types	
My HealtheVet offers two account types:	
• Basic	
<u>Premium</u>	

Figure 1: Location of Account Type Descriptions

Registered as VA Patient?

If you have already registered for a My HealtheVet account and need to check that you have registered as a **VA Patient** or **CHAMPVA beneficiary**, you can do the following:

(1) Select the **Personal Information** tab (Figure 2).



Figure 2: Personal Information Tab location



(2) Select the My Profile sub-tab (Figure 3)



Figure 3: My Profile location

- (3) Under **What is Your Relationship to VA**, if you use the VA Health Care System, make sure you select the **VA Patient** checkbox (Figure 4).
 - Check select VA Patient or CHAMPVA Beneficiary. This will put a checkmark in the box.

what is your Rela	tionship to va?"
Check all that apply*	🗹 VA Patient
	🗌 Veteran
	Health Care Provider
	🗌 Veteran Advocate/Family Member/Frien
	🗌 VA Employee
	CHAMPVA Beneficiary
	Service Member
	Caregiver
	🗌 Other



(4) Select the **Save** button at the bottom of the screen (Figure 5).



Figure 5: Save Button





VA Allergies & Adverse Reactions

The VA Blue Button is a way to download or print your VA allergies and adverse reactions. You can also use <u>Secure Messaging</u> (My Health**e**Vet > Secure Messaging) to send a message to your participating health care team. You can alert them to new allergies and how you reacted.

Having a copy of your health information may help you better manage your health care. You can share this information with your VA health care team. If you visit a non-VA health care provider, the VA Blue Button makes it easy to share with them, too. VA Blue Button helps you become a partner with members of your health care team.

You can also download your allergies and adverse reaction data to a computer or other device (such as a CD, thumb drive, or mobile device). This lets you take your personal health information with you. You can choose to share this with your VA health care team, caregivers, or non-VA provider.

You can get your VA Blue Button information in two file formats. You can download it in a format that is easy to read and print (.pdf file) or a simple text format (.txt file).

Please be aware: Anytime you open/download a .pdf file, you create a temporary file on the computer you are using. There is a risk of exposing your information when you download a .pdf file, especially on public or shared computers. Learn more about <u>protecting your personal</u> <u>health information</u>.

NOTE: You are the only one who can access your health information in My HealtheVet. You choose with whom to share your information. If you want someone else to have access to your health information, you must give it to that person.

You are responsible for protecting your personal health information when you print or download it. It is important to protect your information. Protect this information the same way you would protect your banking or credit card information. Do not leave your printed information in a printer. Do not save your downloaded information to a public computer. When using a public computer, save your health information to a CD or a thumb drive. Remember to take the CD or thumb drive with you when you finish.





Getting Started with VA Allergies & Adverse Reactions

The following information is the step-by-step process to access VA Allergies & Adverse Reactions.

Step 1 – Sign in to My HealtheVet

(1) Sign into your My HealtheVet account, by selecting the **Sign in** button on the right side of the screen to access VA Allergies & Adverse Reactions (Figure 6).

An official i	website of the United States gover	nment Hern's how yo	u know		о≡ та	ilk to the Veterans Crisis Line now 💙
VA	My healthovet					Q Search About Contact
Home ~	Personal Information ~	Pharmacy ~	Get Care 🗸	Track Health 🛩	Research Health 🗸	MHV Community 🗸
Sign in to I	Manage Your Health C	are				Sign in Register

Figure 6: Sign in Button (Home Page Header section)

- You must have already registered as a VA Patient.
- If you do **not** have a My HealtheVet account, register by selecting the **Register** button on the right side of the screen and complete the registration form.
- (2) When the **User Sign In** page displays, click the **Sign in with My HealtheVet** button (Figure 7).



Figure 7: User Sign In





(3) The **Sign in with My HealtheVet** page (Figure 8) will display.

(4) Enter your **User ID** and **Password** (Figure 8).

une Stech Parnet	System Use Warning Notice
Ny Handbardet Start ST	Lucilentiand that I am accessing a U.S. Government Information systems besterin operated by the Department of Veterans Affairs (VA).
Smattlanc. 609 Ng YaneBlayted Pressword	To exclusion of their can an additional user in may under access their additional which it have the legal authority to view and use. VAs will receiber and second authors pro this system to partice the system and the information and may use that receibering information for efficient activities are say paraposes.
met Course of the Tage in Battier Below, you are gooing with the System Day Wenting Bolice.	Transformant direct catual/bracked case of this optimizer maching patients annotheritized accesses to direct, charging gates, counting haven to the systeme or its data or instance of May Healthward acceptored to a prohibited and map annothe to instantial, call, or administrative percention.
Sipia	I also understand that VN con-suspend of step my use of this system if VN suspends my unsufficienced use of the system administration to my account has occurred.
	By eccanating title synthem, lifereday acknowledge the above and convent to such mendlockey
	Version 1.8: Upstated May 2017

Figure 8: Sign in with My HealtheVet

Step 2 – Accessing VA Allergies & Adverse Reactions

After logging in to your My HealtheVet account, select **Track Health** then **Health History** (Figure 9):



Figure 9: Health History location

Back to Top



8

Step 3 – Access VA Allergies & Adverse Reactions/Self-Entered Allergies Logs

On the Health History page, a log(s) displays: **Self-Entered Allergies** and **VA Allergies & Adverse Reactions** (if you are registered as a VA Patient). The logs(s) display your five most recent entries (Figure 10).

My HealtheVet / Track Health / Health History A Your information update is complete **Track Health** Vitals Health History Shared Vitals Information last updated in My HealtheVet on 06/07/2021 at 16:57 Labs + Tests Within the Health History section are several logs that help you keep **Health History** track of your health records. If you are a VA patient it may also include information from your VA electronic health record. These records will Allergies have VA in the title. Health History has information about Allergies and Adverse Reactions, Immunizations, Family Health History, and Immunization more. For a quick glance of your Health History, some logs display Medical Events your five most recent entries. Select "View More" to see all the entries. Remember to select the Personal Health Summary and print out a Personal Health Summary personalized report of your health history to take to your health care Family Health History provider. You can also use the VA Blue Button to view, print or download information from your Health History section **Military Health History** Journals My Goals **VA ALLERGIES & ADVERSE REACTIONS** SELF-ENTERED ALLERGIES HealtheLiving Assessment Date Allergen/Reactant Date Allergy PRAZOSIN test-18 01/08/2020 Wed 02/17/2021 01/13/2016 TETRACYCLINE Wed 12/02/2020 test-17-allergy 11/21/2013 PENICILLIN Wed 10/07/2020 Tree pollen 05/10/2013 ADHESIVE TAPE Sat 08/29/2020 HothxTesting TETANUS TOXOID 01/31/2013 Mon 05/05/2014 flowers View More > Add New View More >

Figure 10: Health History page



(1) On the **VA Allergies & Adverse Reactions** log, select **View More>** (Figure 10: Health History page to view all entries (Figure 11).

Track Health	Allergies	and Advers	e Reactions					
Vitals	Personal Hea	ith Journal of						
Shared Vitals	Information last upd	lated in My HealtheVet on 06	07/2021 at 16:57					
Labs + Tests				O User Guide	⊖Print OHelp			
Health History Allergies	The following list VA facilities. Sele	overse Reactions sun is all of your allergies ar ect an allergen/reactant	nmary nd adverse reactions from yo to view the details	ur				
Immunization	Filter Result							
Medical Events	Select a source below and click the "Go" button to view the results.							
Personal Health Summary Family Health History Military Health History	So	urce VA Self-Entered Both	GO					
Journals	Date Entered	Allergen/Reactant	Reaction/Side Effect 🗘	Location Q	Source			
HealtheLiving Assessment	01/05/2020	PRAZOSIN	ORTHOSTATIC HYPOTENSION	Portland OR VAMC	VA			
	01/13/2016	TETRACYCLINE	GENERALIZED RASH	Portland OR VAMO	VA S			
		dependent of center of the	CONTRACTOR OF CONTRACT	The second second second second second				
	11/21/2612	PENICILLIN	URTICARIA	Wala Wala WA WAMC	V/A			
	11/21/2613 05/10/2013	PENICILLIN ADHESIVE TAPE	PRURITUS	Waila Walla WA VAMC Portland OR VAMC	AV AV			
	11/21/2012 05/10/2013 01/31/2013	PENICILLIN ADHESIVE TAPE TETANUS TOXOID	PRURITUS	Waita Walta WA VAMC Portland OR VAMC Alaska VA Healthcare System	VA VA VA			

Figure 11: View More > Allergies and Adverse Reactions

(2) On the **Self-Entered Allergies** log, select **Add New** (Figure 10) to add new entries. Click **View More>** to view all entries (Figure 12).

Track Health	Add Allergy	Information	(self-entere	ed)		
Vitals	(Personal Health F	Record of	120			
Shared Vitals						O Help
Labs + Tests	You have chosen to ad date, sevenity, diagnosi	id an entry to this reco is status, reaction, and	rd. Record the allergy comments below	6		
Health History Allergies Immunization Medical Events	NOTE There is a 255 the 255 charac	character limit in the ter limit can be saved	Comments field. Only	y text with		
Personal Health Summary	Indicates Required Into	rmation		2		
Family Health History	Allergy:*					
Journals	Date:*	08/07/2021			11	
My Goals	Severity					
HealtheLiving Assessment				-		
	Diagnosed:			×		
	Reaction:					
	Comments:					
		Save Sav	e & Add Another	Reset C	ancel	

Figure 12: Add New > Self Entered Allergies



Back to Top

(3) On the VA Allergies & Adverse Reaction Table, select a date for detailed information on the Allergen/Reactant (Figure 13).

nal Health Record	221 at 17:08 OUser Guide 🛓	∋Print OHelp
on teck updated in My Healthervet on Bostron is and Adverse Reactions Detail viewing allergies and adverse react by your VA provider.	OUser Guide 🚊	∋Print OHelp
s and Adverse Reactions Detail viewing allergies and adverse react by your VA provider.	ions information that was	ernik Onep
viewing allergies and adverse react by your VA provider.	ions information that was	
ion:		
ion		
ef ed		
(Rentar		
ion/Side Effect:	ORTHOSTATIC HYPOTENSION	
у Туре:	DRUG	
ug Class:	ALPHA BLOCKERS/RELATED	
wed/Historical:	OBSERVED	
nents:		
	Versieter ion/Side Effect: ny Type: ug Class: rved/Historical: nents:	Inviside Effect: ORTHOSTATIC HYPOTENSION Ny Type: DRUG uig Class: ALPHABLOCKERS/RELATED rved/Historical: OBSERVED

Figure 13: Detailed Information

Step 4 – Access VA Allergies & Adverse Reactions via Quick Link

On the Health History page, select the **Allergies** (Figure 14) quick link which takes you to Allergies and Adverse Reactions Summary page (Figure 15).

r	ack Health
V	/itals
S	Shared Vitals
L	.abs + Tests
ŀ	lealth History Allergies
	Immunization
	Medical Events
	Personal Health Summary
	Family Health History
	Military Health History

Figure 14: Allergies Quick Link

Back to Top



VA Allergies & Adverse Reactions

Allergies	Allergies	and Advers	e Reactions				
VA Allergies & Adverse Reactions	Personal Health Journal o						
Self-Entered Allergies				O User Guide	BPrint Offer		
	Allergies and A	dverse Reactions Sur	nmacy				
	The following list VA fectilities. Sele	s all of your allergies a ict an allergen/wactard	nd adverse reactions from yo I to view the details.	ot			
	Filter Result						
	Select a source below and olick the "Go" button to view the results.						
	So	arce 💽 VA	60				
	So Date Entered Q	Altergen/Reactant	.GO. Neaction/Bide Effect 0	Location 0	Source Q		
	Date Entered 0 01/08/0020	AllergenStatut C BAZDSR	60 Nearthon/Skie Effect: 0 ORTHODIATIC HIPPOTENSICH	Location Q Pertand OR VANC	Source C		
	Date Entered 0 D1/08/020 D1/08/020	Altergen Resolution BALDAR TETRACYCLINE	Nextion/Met Effect: 0 ORTHOSTATIC HYPOTENSION GENERALIZED RASH	Leastion Q Pertand DR VMAC Partiand DR VMAC	Source C Us VA		
	50 Date Entered 0 0108-0020 0108-0000 0108-0000 0108-0000 0108-0000 0108-0000 0108-0000 0	Allergen SextEntand C DBAZD283 TETRACYCLINE PENICALIN	Association SNee Effect: 0 ORTHOSTATIC HYPOTENSION ORTHOSTATICS HYPOTENSION ORTHOSTATICS HYPOTENSION	Leastion 0 Partiand DR VAVC Partiand DR VAVC Walle Walle Walle Walle Walle	Source C UR UR UR		
	50 Date Entered 0 01/08/0200 01/08/02018 00/08/02018	Allergen SextEntand C BAZD233 TETRACYCLINE PENICALIN ADHESIVE TAPE	SO Nestion/SNe Effect: 0 ORTHOSTATIC HYPOTENSION GRUERALIZED RASH URTICARIA PRURITUS	Leastion 0 Partiant DR VAVC Partiant DR VAVC Walle Walle Walle WAVC	Seurce C VA VA VA		

Figure 15: Allergies & Adverse Reactions table

The Allergies and Adverse Reactions Summary page provides a detailed list of allergies and adverse reactions from your VA medical record. You can filter your results by selecting a **Source** and then **GO** (Figure 16).

Allergies	Allergies and Adverse Reactions				
VA Allergies & Adverse Reactions Self-Entered Allergies	Personal Health Journal of Information last updated in My HealtheVet on 06/08/2021 at 10:02				
	Allergies and Adverse Reactions Summary				
	The following lists all of your allergies and adverse reactions from you VA facilities. Select an allergen/reactant to view the details. Filter Result				
	Select a source below and click the "Go" button to view the results.				
	Source VA Self-Entered Both				

Back to Top





Select a hyperlink in the Allergen/Reactant column (Figure 17) for detailed information on the selected item (Figure 18).

Date Entered	Allergen/Reactant	Reaction/Side Effect 💠	Location 🗢	Source
01/08/2020	PRAZOSIN	ORTHOSTATIC HYPOTENSION	Portland OR VAMC	VA
01/13/2016	TETRACYCLINE	GENERALIZED RASH	Portland OR VAMC	VA
11/21/2013	PENICILLIN	URTICARIA	Walla Walla WA VAMC	VA
05/10/2013	ADHESIVE TAPE	PRURITUS	Portland OR VAMC	VA
01/31/2013	TETANUS TOXOID		Alaska VA Healthcare System	VA
12/01/2011	MAALOX ANTACID	ANAPHYLAXIS	Portland OR VAMC	VA
12/01/2011	EGGS	NAUSEA AND VOMITING	Portland OR VAMC	VA
12/01/2011	SULFA DRUGS	PRURITUS	Portland OR VAMC	VA
05/07/2011	LISINOPRIL	COUGH	Portland OR VAMC	VA
03/31/2011	PENICILLIN	GENERALIZED RASH	Portland OR VAMC	VA

Figure 17: Table of Allergen/Reactant

Allergies and Adverse	Reactions
Personal Health Record	
Information last updated in My NeattheVet on OLD	700141700
Allerdies and Adverse Reactions Deta	a and a contract of the p
You are viewing allergies and adverse re entered by your VR provider.	actions information that was
Date Er	APE
Reaction side critec.	
Allergy Type:	ORUS
VA Drug Class:	ALPHA BLOCKERS RELATED
Observed/Historical:	OBSERVED
	Personal Health Record Information bit useful in NV weithroot on OC Allengies and Adverse Reactions Deta You are verying allengies and adverse re- entered by your VA provider. Date Expansion Reaction/Side Effect Allengy Type! VA Drug Class:

Figure 18: Detailed Information

Back to Top



Step 5 – Access Self-Entered Allergies via Quick Link

On the **Allergies and Adverse Reactions** Summary page, click on the **Self-Entered Allergies** quick link to be taken to the Self-Entered Allergies page (Figure 19).

My	<u>y HealtheVet</u> / <u>Track Health</u> / <u>H</u>	ealth History / All	lergies / <u>Self-Entered A</u>	llergies
AI	llergies			
ł	VA Allergies & Adverse Reactions	_		
	Self-Entered Allergies	-		

Figure 19: Self-Entered Allergies Quick Link

(1) Select an allergy for detailed information (Figure 20).

ou are viewing Aller ick on the Add New	gy information. If you woul button.	d like to add an entry,		
Allergy 🗘	Date 🗘	Severity \$	Edit	Delete
Tree pollen	10/07/2020	Moderate		û
flowers	05/05/2014			Ô
grass	03/25/2014		ø	Ô
Dairy	03/15/2013	Mild	- /	0
Cats & dogs	02/08/2002	Moderate	1	û



(2) Select **Edit** and **Delete** column to change an allergy entry and remove an allergy entry respectively (Figure 21).

ou are viewing Allen ick on the Add New	gy information. If you woul button.	d like to add an entry,		
Allergy 🗘	Date 🗘	Severity \$	Edit	Delete
Tree pollen	10/07/2020	Moderate	1	û
flowers	05/05/2014			Ô
grass	03/25/2014		*	Û
Dairy	03/15/2013	Mild	1	0
Cats & dogs	02/08/2002	Moderate	1	û

Figure 21: Edit and Delete highlight

Back to Top



(3) To add an allergy entry, select the **Add New** button and complete the entries (Be sure to complete the required fields *) (Figure 22).

Select **Save**, **Save & Add Another**, **Reset** or the **Cancel** button for the next action you want to take.

Add Allergy	Informa	ition(self	-entere	ed)			
(Personal Health F	Record of						OHelp
You have chosen to ad date, severity, diagnosi	d an entry to th is status, reacti	nis record. Reco on, and comme	rd the allergy nts below.	60			Onep
NOTE There is a 255 the 255 charac	character limit ter limit can be	in the Commen saved.	its field. Only	text with			
Indicates Required Info	mation						
Allergy:*							
Date:*	06/08/2021					m	
Severity:					•		
Diagnosed:					•		
Reaction:	Î						
	22				1		
Comments:	5. J.						
					1		
	Save	Save & Add	Another	Reset	_ c	ancel	

Figure 22: Example of Add Allergy

Back to Top

15



Download Your Allergies Data via VA Blue Button

To download your data using the VA Blue Button feature:

(1) Select the **Blue Button Medical Reports** link on the dashboard on the home page Figure 23).

Home - Personal Information -	Pharmacy 🗸 - Get Care 🗸 - Track He	ath ~ Research Health ~	MHV Community - Secure Messaging -
(1) Welcome, U.S. Air Force, U.S. Air Force, U.S. Air Force, U.S. Air Force, U.S. Account last account	. Marine Corps et. (8 Jun 2021 @ 9905 ET		t≢ Log Out
COVID-19: Walk-in <u>vaccinations</u> are New Patient Portal: Manage your health care <u>https://patientportal.myh</u> accessing My VA Health fr	now available, or call your local VA medi at Spokane (Mann-Grandstaff) VA Medica <u>ealth va.gov/</u> For assistance call the M rom Google Chrome or Microsoft Edge.	cal center to make an appoint al Center using the My VA Her y VA Health Support Line at 8	ment. alth patient portal at URL 88-444-6982 (MYVA). We recommend
A Pharmacy	Appointments	Messages	Health Records
Refill VA Prescoptions	View.My.VA.Appointments	Inbox	Blue Button Medical Reports
Track Delivery	Schedule a VA Appointment	Compose Message	Labs and Tests
Medications Lists	VA Facility Locator	Manage Folders	Electronic Sharing Options

Figure 23: Blue Button Medical Reports Home Page

(2) Select VA Blue Button Report (Figure 24).



Figure 24: VA Blue Button Report

(3) Select a date range (Figure 25).





VA Allergies & Adverse Reactions

Blue Button Download My Data ®	Download My Selected Data	
O VA Blue Butto	n User Guide OtLearn More OProtecting Your Per	sonal Health Information
Select Date Ran	ge	
Date Range	3 Months	
	1 Year	
	O Custom	
Start Date	12/08/2020	
End Date	6/8/2021	#
	5	

Figure 25: Date Range for report

(4) Choose VA Allergies, Allergies, Self-Reported or All of the Above (Figure 26).(5) Click Submit

2	Select Types of	Select Types of Information					
	Information that you have a solid set of the	ave entered into My HealtheVet is labeled as lation from the VA Electronic Health Record is					
		Select the types of information to include					
		All Types of Information					
	Appointments	 Future VA.Appointments (may include Telephone, Video, In-Person Appointments) 					
		Past VAAppointments (limited to past 2 years)					
		All of the above					
	Medications	VA Medication History					
	(automatically includes	Medications and Supplements, Self-Reported					
	Allergy information)	All of the above					
	Labs and Tests	VA Laboratory Results (available 38 hours after verification; COVID-19 results available immediately after receipt by VA)					
		VA Pathology Reports (svelisble 38 hours after completion)					
		VA Radiology Reports (available 38 hours after completion)					
		WA Electrocardiogram (EKG) History (a last of EKG studies performed at VX Treating Facilities)					
		Labs and Tests, Self-Reported					
		All of the above					
	VA Electronic Health Record	VA Problem List (available 38 hours after entry)					
	History and Wellness	VA.Admissions and Discharges (Discharge Summary svaliable 38 hours after completion)					
	Reminders	VA Notes (available 38 hours after completion) except C&P Notes.					
		Wallness Reminders					
		All of the above					
	Allergies	🗆 VA Allergies					
	9.93	Allergies, Self-Reported					
		All of the above					

Figure 26: Select Information in Report

Back to Top

(6) Select View/Download PDF or View/Download TXT* (Figure 27).



Down My D	ata 💩 My Download Resu	ilts		
			OVA Blue B	utton User Gui
Your info Your report	ormation update is complete. t is ready below.			
Personal <mark>He</mark> alt	h Information of			
OWNLOAD YOU	IR DATA			
File Contents	File Name	File Size	Request Date	I want to
Selected Health Data	mhv_MHVZZVISNTWENTY_20210608_1052.pdf	53 KB	08 Jun 2021 @ 1052	View Download PDF
	who EED/77/JCNTMENT/ 00040002 4020 tot	6 KB	08 Jun 2021 @	View

Figure 27: Download Results

Source:	VA				
Last Updated:	08 Jun 2021 @ 1047				
Sorted By:	Date (Descending)				
temember to share all informat juestions about your informat (A Allergies are only displayed	tion about your allergies w on please visit the FAQs or for VA Patients. You can us	ith your health care team. contact your VA health car e My HealtheVet to self-en	If you have any e team. ter and keep track		
formation.	realities consider your measures	by man service center to	update your allergy		
All some big as as	DD 57OCINI	Data Saturada	08 140 2020		
Allergy Name:	PRAZUSIN	Date Entered:	Os Jan 2020		
Allergy Type:	DRUG	Location:	Portiand OK VANK		
VA Doug Classe	ALDUA BLOCKERS/DELATE	D			
Observed Dilisteriesh	ALPHA BLOUKERS/RELATE				
Comments:	OBJERVED				
contrat.		24	1-2		
Allergy Name:	TETRACYCLINE	Date Entered:	13 Jan 2016		
Allergy Type:	DRUG	Location:	Portland OR VAMO		
Reaction:	GENERALIZED RASH				
VA Drug Class:	ANTIACNE AGENTS, TOPIC TETRACYCLINES	AL, ANTIBACTERIALS, TOPIC	AL OPHTHALMIC,		
Observed/Historical:	OBSERVED				
Comments:	this is a test				
Allergy Name:	PENICILLIN	Date Entered:	21 Nov 2013		
Allergy Type:	DRUG	Location:	Walla Walla WA VAMC		
Reaction:	URTICARIA	363 -			
VA Drug Class:	PENICILLIN-G RELATED PE	NICILLINS			
Observed/Historical:	HISTORICAL				
Comments:	+				
Allergy Name:	ADHESIVE TAPE	Date Entered:	10 May 2013		
Allergy Type:	OTHER	Location:	Portland OR VAM		
Reaction:	PRURITUS	and the second second			
VA Drug Class:	+				
Observed/Historical:	HISTORICAL				
Comments:					
	ă.	23			
Allergy Name:	TETANUS TOXOID	Date Entered:	31 Jan 2013		
and the second	CODINC	Institute	Alasha MA		

Figure 28: Example Blue Button Report



* You can get your **VA Blue Button** information in two file formats. You can download it in a format that is easy to read and print (PDF file) or as a simple text format (TXT file). You may wish to review the information in your account first to be sure it is up to date before you download it.



Where to Find Help

Help Resources

- (1) Select **Help & User Guides** (Figure 29) for general guidance on using My HealtheVet and User Guides for My HealtheVet features.
- (2) Select **FAQ** (Figure 29) to go to **Frequently Asked Questions** and get commonly asked questions and answers about Prescription Refills.

Return to top				
About Site Overview Site Map Help & User Guides FAQ Privacy & Security Terms and Conditions	Policies Privacy Policy Web Policies FOIA Accessibility System Use	Important Links VA Home White House USA.gov Inspector General Facility and Service Locator	Quick Links Mobile Apps TriCare VA Dental Insurance Find a VA Form	Subscribe to Receive My HealtheVet Updates Your email address
My health My Healthe	nøvet Vet		You can call M	f My HealtheVet Help Desk: My HealtheVet Help Desk: Monday - Friday, 7:00 a.m 7:00 p.m. (Central Time) 1-877-327-0022 1-800-877-8339 (TTY) Contact My HealtheVet for any questions or concerns about this sile. Veteran's Crisis Line: 1-800-273-8255 (Press 1)

Figure 29: MHV Home Page - Help & User Guides/FAQ (Footer Section)

(3) Select **Contact** (Figure 30) to send a message to the My HealtheVet Help Desk or contact them at 1-877-327-0022, Monday - Friday, 7:00 a.m. - 7:00 p.m. (Central Time). For TTY, call 1-800-877-8339 or dial 711.



Figure 30: Contact





The **Contact** My HealtheVet page will appear (Figure 31).

My HealtheVet / Contact MHV
Contact My HealtheVet
We love hearing from our users and value your feedback. If you need help, want to alert us to a concern, share information about a feature, or tell us how we are doing, you have an easy way to contact us.
If you have a question, we may already have what you are looking for. Check below to find a quick and easy answer to some of our more common questions.
Common Issues
Forgotten User ID
Forgotten password
How to Increase font size
Find a VA facility near you
 Upgrading to a Premium My HealtheVet Account: What do I need to know?
 Your health care team and My HealtheVet
How can I get information about my VA benefits?
What is VA Blue Button?
View Frequently Asked Questions
If you need additional help, send us details using this form.
You can also call 1-877-327-0022 Monday - Friday, 7:00 a.m 7:00 p.m. (Central Time).
Or, 1-800-877-8339 (TTY)
Note: When selecting this form, the Contact Us form is displayed on a secure site contracted to VA. When you complete the Contact Us form and select Submit, the information on that form will be stored on the secure contracted site.
Updated July 1, 2020

Figure 31: Contact My HealtheVet page

Back to Top

21

