



My HealtheVet VA Blue Button Report User Guide



U.S. Department
of Veterans Affairs

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My HealtheVet VA Blue Button Reports– Feature Overview



My HealtheVet VA Blue Button lets you view, print, download, and save your available VA health information. VA Blue Button is secure. It is available anywhere with Internet.

You access specific VA Blue Button features based on your My HealtheVet account type.

Both [Basic](#) and [Premium](#) account users can access the VA Blue Button feature. To view information from your VA health record or Department of Defense (DoD), you need to have a **Premium** HealtheVet account.

VA laboratory results are available to you 36 hours after the laboratory analysis is finalized. Your VA provider may need additional time to review the results after they are available.

NOTE: You can get your COVID-19 test results right away after they are finalized. When you look at your test results, please keep in mind that not all test results outside the reference range are clinically important. You might know the results of a test before your doctor does. Your doctor will look over the results of your tests and may call you with more information. If you have questions, please call your provider or team or send them a message.

You can download your My HealtheVet data to a computer or a mobile device.

You can get your VA Blue Button information in two file formats. You can download it in a format that is easy to read and print (.pdf file) or a simple text format (.txt file).

If you print or download anything from the website (like lab results), you will need to take responsibility for protecting that information. [Get tips for protecting your personal health information.](#)

Download Your Selected Data

Information from the VA Electronic Health Record (EHR) is labeled as VA.

NOTE: Some information that comes from your VA health record may not be presented right away in My HealtheVet or your VA Health Summary. This is because your information may first need to be reviewed by a member of your VA health care team. The information below gives you the length of time until your VA information is available for display in your VA Blue Button report.

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A [Basic](#) account includes the following types of health information (Table 1):

Table 1: Basic

Health Information	Data Source
Activity Journal	Self-Reported
Allergies	Self-Reported
Demographics	Self-Reported
Family Health History	Self-Reported
Food Journal	Self-Reported
Health Care Providers	Self-Reported
Health Insurance	Self-Reported
Immunizations	Self-Reported
Labs and Tests	Self-Reported
Medical Events	Self-Reported
Medications and Supplements	Self-Reported
Military Health History	Self-Reported
My Goals (Current Goals and Completed Goals)	Self-Reported
Treatment Facilities	Self-Reported
Vitals and Readings	Self-Reported

If you have a [Premium](#) account, it includes all the features of a [Basic](#) account in addition to the following information (Table 2):

Table 2: Premium Account Information

Health Information	Data Source
VA Admissions and Discharges Summaries – (Discharge summaries are available 36 hours after they are completed). The included discharge summaries are from the last 18 months and include a maximum of the 2 most recent notes. The data comes from all VA treatment facilities.	VA EHR
VA Appointments (future) – This section includes up to a maximum of 20 appointments scheduled over the next 6 months. Some types of appointments may not be included. Contact the VA health care team if there are questions.	VA EHR
VA Appointments (past) – Limited to past 2 years.	VA EHR
VA Demographics – Includes Name, Date of Birth (DOB), Gender, Address, Marital Status, Religious Affiliation, Race, Ethnicity, Language(s), and Preferred Language.	VA EHR
VA Electrocardiogram (EKG) - VA Electrocardiogram (EKG) dates are no longer updated. You may continue to view your historical EKG dates.	VA EHR
VA Immunizations – This section includes immunizations on record with VA for the patient. The data comes from all VA treatment facilities. A reaction to an immunization may also be reported in the Allergy section.	VA EHR
VA Allergies and Adverse Reactons – This section includes allergies on record with VA for the patient. The data comes from all VA treatment facilities. It does not list allergies that were removed or entered in error. Some allergies may also be reported in the Immunization section.	VA EHR
VA Medications History – This section includes: 1) prescriptions processed by a VA pharmacy in the last 15 months, and 2) all medications recorded in the VA medical record as “non-VA medications.” If you select this, your VA Blue Button automatically also includes VA Allergies and Adverse Reactions, and Self-Reported Allergies.	

VA Laboratory Results – The included Chemistry/Hematology results are from the last 24 months, are available 36 hours after verification, and include a maximum of the 10 most recent sets of tests. The data comes from all VA treatment facilities. COVID-19 results are available immediately.	VA EHR
VA Pathology Reports –The included Pathology reports are available 36 hours after completion, and include a maximum of the 5 most recent reports. The data comes from all VA treatment facilities.	VA EHR
VA Radiology Reports – VA Radiology reports are available 36 hours after they have been completed. Some studies done at a non-VA facility may not be available or they may not necessarily include an interpretation.	VA EHR
VA Problem List – Your VA Problem List contains active health problems your VA providers are helping you to manage. This information is available 36 hours after it has been entered. It may not contain active problems managed by non-VA health care providers.	VA EHR
VA Notes written from January 1, 2013 forward are available 36 hours after they have been completed and signed by all required members of your VA health care team.	VA EHR
VA Vitals and Readings – Include vital signs and certain health measures (or readings).	
VA Wellness Reminders – VA Wellness Reminders are no longer updated. Historical wellness reminders may be displayed by downloading your Blue Button report.	VA EHR

Getting Started with VA Blue Button

Step 1 – Sign in to My HealtheVet

- 1) Select the **Sign in** button, or the **Register** button to create a Premium account.



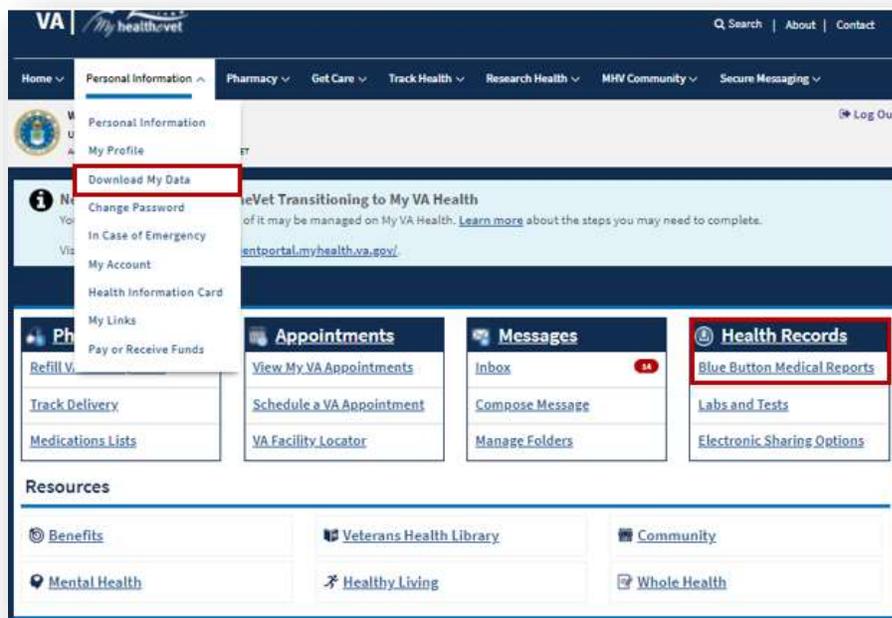
- 2) Sign in to your My HealtheVet account using a VA-accepted sign in partner such as Login.gov.

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Step 2 – Access VA Blue Button Reports

After you sign in, there are three ways you can access the VA Blue Button:

- 1) Select **Download My Data** from the **Personal Information** tab, or
- 2) Select **Blue Button Medical Reports** from the dashboard, or
- 3) Select **Health Records** from the dashboard.



- 4) When the **Health Records** tab on the dashboard is selected, the system takes you to the **Select Type of Report** page.
- 5) Select **VA Blue Button Report**.

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Step 3 – Create Your VA Blue Button Report

The VA Blue Button **Download My Selected Data** page lets you choose what type of information you want to include in your report. There are two ways you can customize your report on the Download My Selected Data page. This can be done by selecting the **Date Range** and **Types of Information** you would like to view.

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Download My Data

- VA Blue Button Report
- VA Health Summary
- VA Medical Images and Reports
- Electronic Record Sharing Options

Blue Button Download My Data

VA Blue Button User Guide | Learn More | Protecting Your Personal Health Information

1 Select Date Range

Date Range: 3 Months 6 Months 1 Year Custom

Start Date:

End Date:

2 Select Types of Information

Information that you have entered into My HealthVet is labeled as 'Self-Reported', information from the VA Electronic Health Record is labeled as 'VA'.

Select the types of information to include
 All Types of Information

Customizing your data is based on your account type and the type of information available.

Step 4 – Customize Your Report (Basic Account)

The My HealthVet Basic account provides the following types of information. You can choose the kind of self-reported information to include in the Blue Button Report.

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2 Select Types of Information

Information that you have entered into My HealtheVet is labeled as 'Self-Reported'. Information from the VA Electronic Health Record is labeled as 'VA'.

- Select the types of information to include
- All Types of Information

- Medications**
(automatically includes Allergy information)
- VA Medication History
 - Medications and Supplements, Self-Reported
 - All of the above

- Labs and Tests**
- Labs and Tests, Self-Reported

- Allergies**
- VA Allergies
 - Allergies, Self-Reported
 - All of the above

- Immunizations**
- Immunizations, Self-Reported

- Vitals and Readings**
- Vitals and Readings, Self-Reported

- Self-Reported Health History**
- Medical Events, Self-Reported
 - Family Health History, Self-Reported
 - Military Health History, Self-Reported
 - Treatment Facilities, Self-Reported
 - Health Care Providers, Self-Reported
 - All of the above

- Food and Activity Journals**
- Activity Journal, Self-Reported
 - Food Journal, Self-Reported
 - All of the above

- Goals**
- My Goals: Current Goals, Self-Reported
 - My Goals: Completed Goals, Self-Reported
 - All of the above

- Demographics and Health Insurance**
- Demographics, Self-Reported
 - Health Insurance, Self-Reported
 - All of the above

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Step 4 – Customize Your Report (Premium Account):

My HealtheVet Premium Account provides the following Types of Information. You can choose the self-reported information or information from your medical records to include in your Blue Button Report.

2 Select Types of Information

Information that you have entered into My HealtheVet is labeled as 'Self-Reported'. Information from the VA Electronic Health Record is labeled as 'VA'.

Select the types of information to include
 All Types of Information

Appointments

- Future VA Appointments
(may include Telephone, Video, In-Person Appointments)
- Past VA Appointments (limited to past 2 years)
- All of the above

Medications
(automatically includes Allergy information)

- VA Medication History
- Medications and Supplements, Self-Reported
- All of the above

Labs and Tests

- VA Laboratory Results
(available 36 hours after verification; COVID-19 results available immediately after receipt by VA)
- VA Pathology Reports
(available 36 hours after completion)
- VA Radiology Reports
(available 36 hours after completion)
- VA Electrocardiogram (EKG) Historical Dates
(EKG dates are no longer updated. You may continue to view your historical EKG dates.)
- Labs and Tests, Self-Reported
- All of the above

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VA Electronic Health Record History and Wellness Reminders	<input type="checkbox"/> VA Problem List <small>(available 36 hours after entry)</small>
	<input type="checkbox"/> VA Admissions and Discharges <small>(Discharge Summary available 36 hours after completion)</small>
	<input type="checkbox"/> VA Notes <small>(available 36 hours after completion) except C&P Notes.</small>
	<input type="checkbox"/> VA Wellness Reminders <small>(Wellness Reminders are no longer updated)</small>
	<input type="checkbox"/> All of the above
Allergies	<input type="checkbox"/> VA Allergies
	<input type="checkbox"/> Allergies, Self-Reported
	<input type="checkbox"/> All of the above
Immunizations	<input type="checkbox"/> VA Immunizations
	<input type="checkbox"/> Immunizations, Self-Reported
	<input type="checkbox"/> All of the above
Vitals and Readings	<input type="checkbox"/> VA Vitals and Readings
	<input type="checkbox"/> Vitals and Readings, Self-Reported
	<input type="checkbox"/> All of the above
Self-Reported Health History	<input type="checkbox"/> Medical Events, Self-Reported
	<input type="checkbox"/> Family Health History, Self-Reported
	<input type="checkbox"/> Military Health History, Self-Reported
	<input type="checkbox"/> Treatment Facilities, Self-Reported
	<input type="checkbox"/> Health Care Providers, Self-Reported
	<input type="checkbox"/> All of the above
Food and Activity Journals	<input type="checkbox"/> Activity Journal, Self-Reported
	<input type="checkbox"/> Food Journal, Self-Reported
	<input type="checkbox"/> All of the above
Goals	<input type="checkbox"/> My Goals: Current Goals, Self-Reported
	<input type="checkbox"/> My Goals: Completed Goals, Self-Reported
	<input type="checkbox"/> All of the above
Demographics and Health Insurance	<input type="checkbox"/> VA Demographics <small>(Demographic information from VA Treating Facilities in the last 3 years)</small>
	<input type="checkbox"/> Demographics, Self-Reported
	<input type="checkbox"/> Health Insurance, Self-Reported
	<input type="checkbox"/> All of the above
Department of Defense Information	<input type="checkbox"/> Department of Defense Military Service Information

1) After your choices are made, select **Submit**.



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Step 5 – View the Results of Your Customized Report

When you select the **Submit** button it brings you to the **My Download Results** page. This page gives you a table displaying the results of your download request:

Blue Button Download My Data | **My Download Results** VA Blue Button User Guide

▲ Your report is ready below.

Some information was not able to be updated today:

- Department of Defense Military Service Information
- VA Appointments

If you proceed with your download while updates are in progress, you may not get the most current information. [Updates are done once a day.](#)

Personal Health Information of KARSYN GPSYSASYNCTWO

DOWNLOAD YOUR DATA

File Contents	File Name	File Size	Request Date	I want to...
Selected Health Data	mhv_GPSYSASYNCTWO_20220518_0600.pdf	141 KB	18 May 2022 @ 0600	View Download PDF
Selected Health Data	mhv_GPSYSASYNCTWO_20220518_0600.txt	23 KB	18 May 2022 @ 0600	View Download TXT

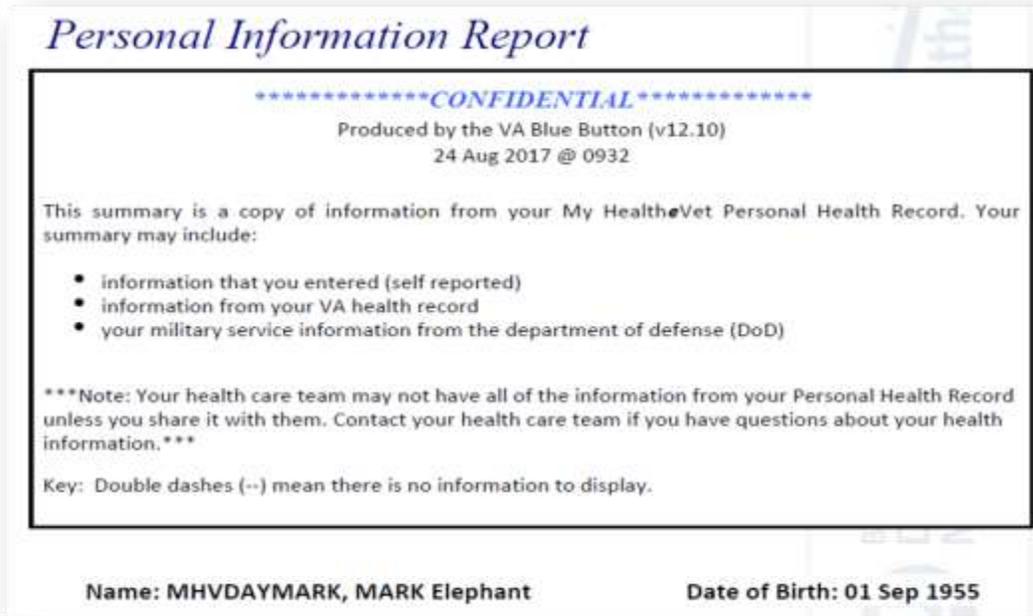
NOTE: When the status is **Updates in Progress**, you can still download your file, but it may not contain the most up-to-date information. So, you may want to come back later in the day to download an updated file.

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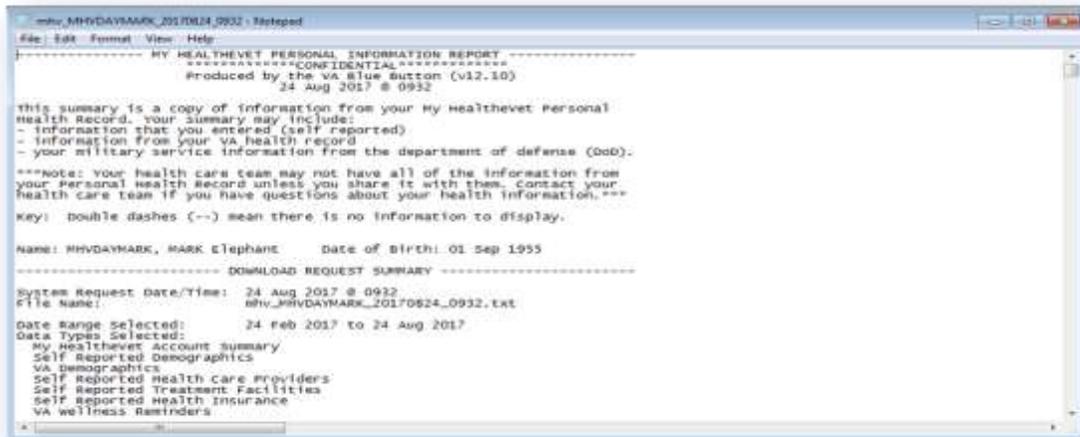
Step 6 – Download Your Health Information to a File

You have two file format options you can choose from to download and save your information (view illustration below). Select either:

- (1) **Download PDF** file for a format that is easy to read and print (PDF file)



- (2) **Download TXT** file for a simple text format (.txt file)

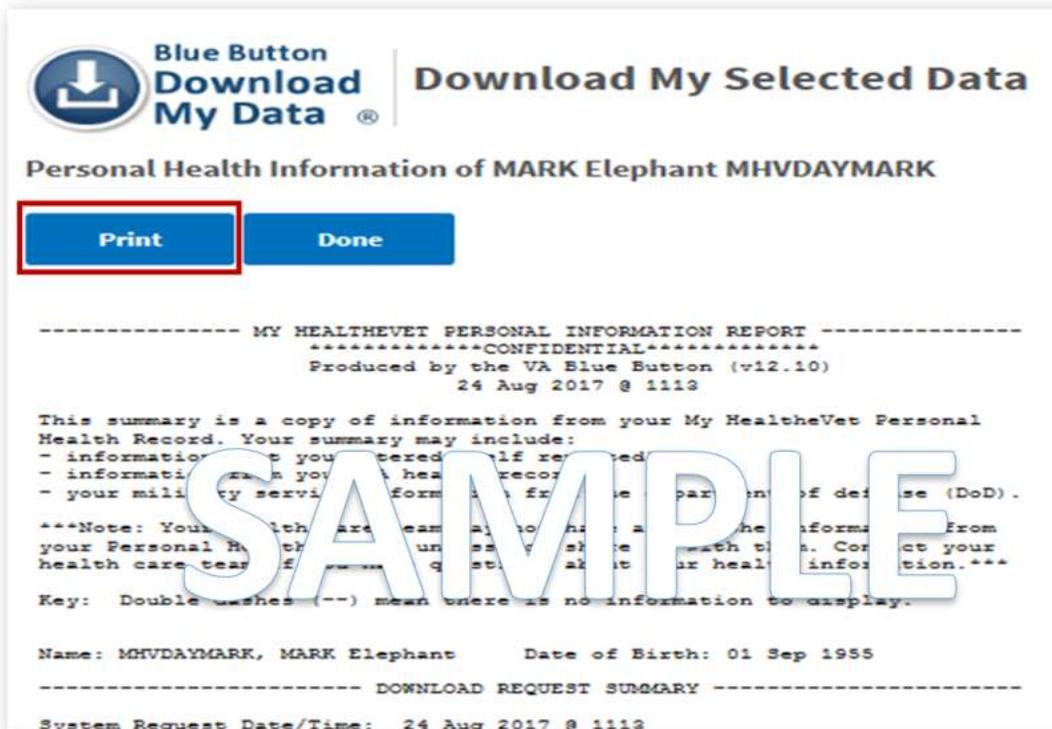


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Step 7 – View/Print Your Health Information

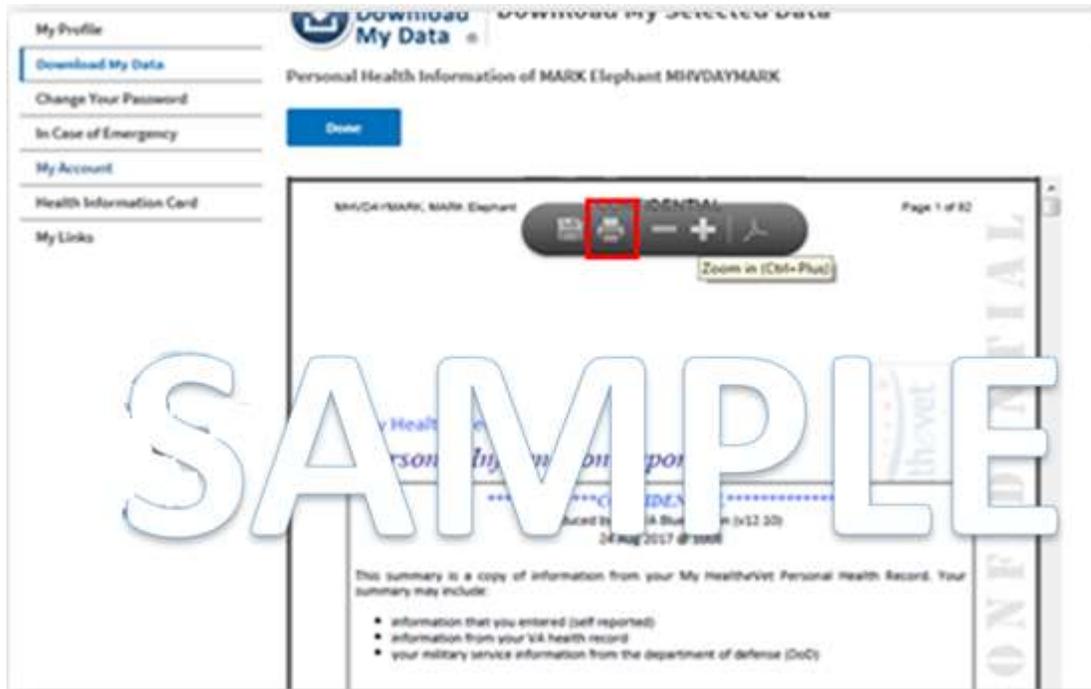
Select the **View** button. This allows you to view the health information you selected. From this page, you may also print a copy of your information.

(1) **To print PDF file**, hover the mouse pointer over the word **CONFIDENTIAL**. Select the printer icon.



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(2) **To print Text** file, select the **Print** button and follow the prompts.

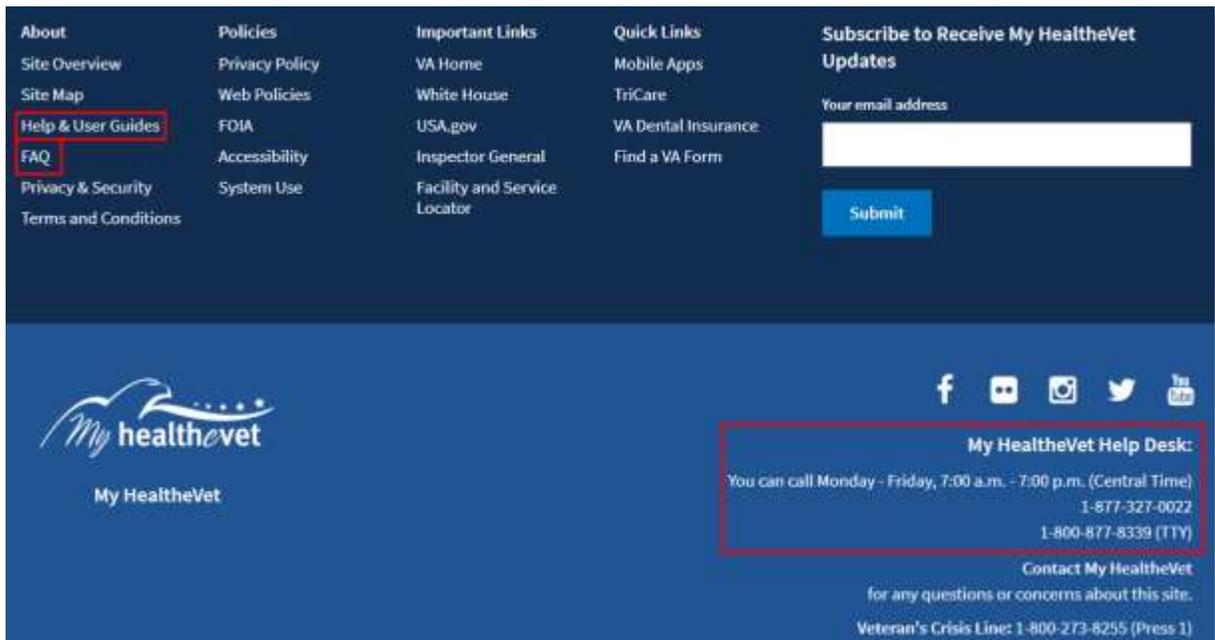


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Where to Find Help

Frequently Asked Questions, Help and Contact My HealtheVet

- (1) Select **FAQ** to go to **Frequently Asked Questions** and read answers to commonly asked questions about VA Blue Button.
- (2) Select **Help & User Guides** for general guidance on using My HealtheVet and User Guides for My HealtheVet features.
- (3) Contact the My HealtheVet Help Desk if you have questions or need assistance.



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