

VA Allergies & Adverse Reactions User Guide

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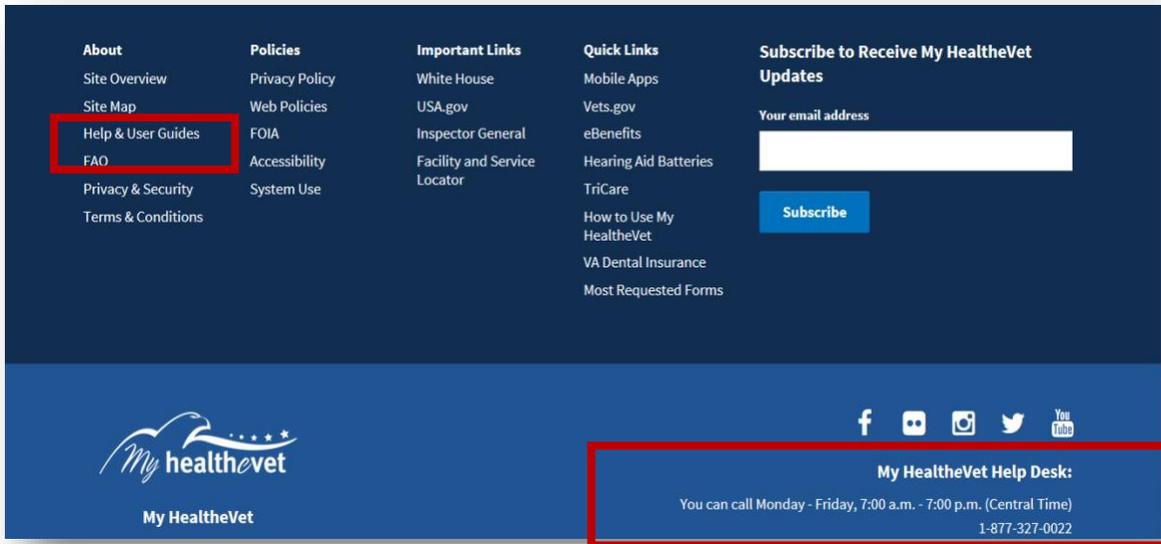
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Where to Find Help

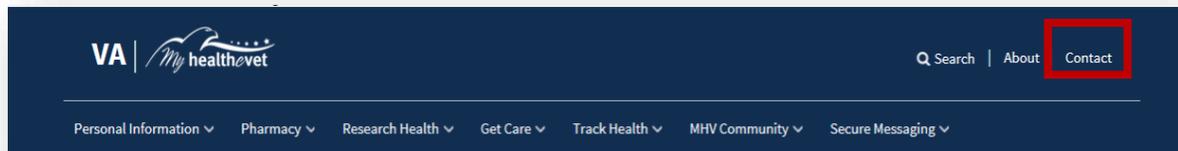
Frequently Asked Questions, Help and Contact MHV

1. Select **FAQ** to go to **Frequently Asked Questions** and get commonly asked questions and answers about Secure Messaging.
2. Select **Help & User Guides** for general guidance on using My HealtheVet and User Guides for My HealtheVet features.



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3. Select **Contact** to send a message to the My HealtheVet Help Desk or contact them a 1-877-327-0022 (TTY dial 711).



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VA Allergies & Adverse Reactions – Feature Overview

VA Allergies is a My HealtheVet feature that helps you manage your allergies and adverse reactions. Access to this feature is based on your My HealtheVet account type. There are three account types available: Basic, Advanced and Premium. For more information about these accounts, go to [My HealtheVet Account Types](#). My HealtheVet users with a Basic account, can self-enter their allergies and adverse reactions. My HealtheVet users registered as a **VA Patient** with an Advanced and a Premium account can also view their allergies and adverse reactions listed in their VA medical record. You cannot add a new allergy to your VA Allergies and Adverse Reactions from your VA medical record. If you have an allergy and adverse reaction that is not listed, tell your VA health care team.

If you have already registered for a My HealtheVet account and need to check that you have registered as a VA Patient, you can do the following:

- Log in to My HealtheVet
- Select the **PERSONAL INFORMATION** tab
- Select the **My Profile** sub-tab
- Under **What is Your Relationship to VA**, if you use the VA Health Care System, make sure you select the **VA Patient** checkbox
 - If **VA Patient** is not checked and you use the VA Health Care System, select this box
 - This will put a checkmark in the box
- Select the **Save** button at the bottom of the screen

The VA Blue Button is a way to download or print your VA allergies and adverse reactions. You can also use Secure Messaging to send a message to your participating health care team. You can alert them to new allergies and how you reacted.

Having a copy of your health information may help you better manage your health care. You can share this information with your VA health care team. If you visit a non-VA health care provider, the VA Blue Button makes it easy to share with them, too. VA Blue Button helps you become a partner with members of your health care team.

You can also download your allergies and adverse reaction data to a computer or other device (such as a CD, thumb drive, or mobile device). This lets you take your personal health information with you. You can choose to share this with your VA health care team, caregivers, or non-VA provider.

You can get your VA Blue Button information in two file formats. You can download it in a format that is easy to read and print (.pdf file) or a simple text format (.txt file).

Please be aware: Anytime you open/download a .pdf file, you create a temporary file on the computer you are using. There is a risk of exposing your information when you download a .pdf file, especially on public or shared computers. Learn more about [protecting your personal health information](#).

 **NOTE:** *You are the only one who can access your health information in My HealtheVet. You choose with whom to share your information. If you want someone else to have access to your health information, you must give it to that person.*

You are responsible for protecting your personal health information when you print or download it. It is important to protect your information. Protect this information the same way you would protect your banking or credit card information. Do not leave your printed information in a printer. Do not save your downloaded information to a public computer. When using a public computer, save your health information to a CD or a thumb drive. Remember to take the CD or thumb drive with you when you finish.

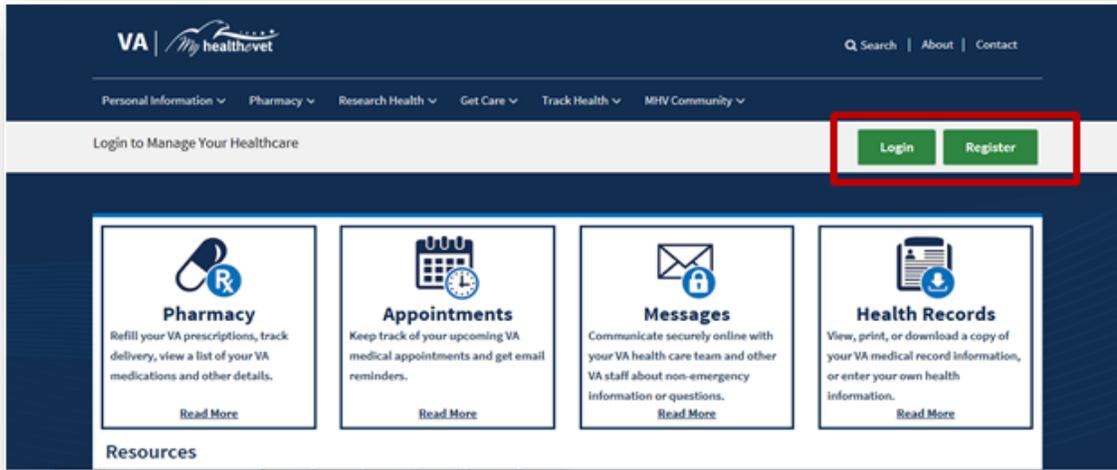
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Getting Started with VA Allergies & Adverse Reactions Feature

Step 1 – Log in to My HealtheVet

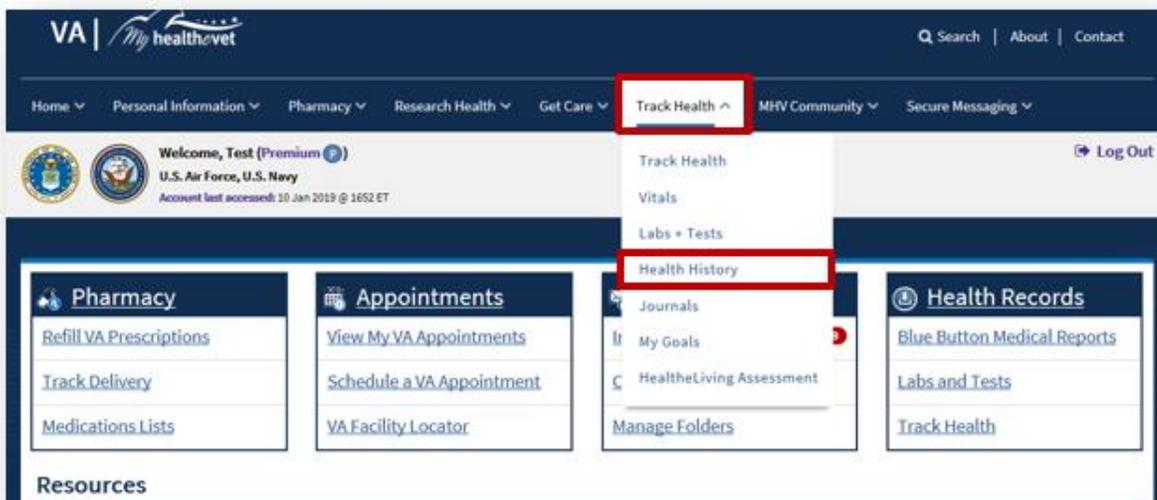
Log in to your My HealtheVet account by selecting the **Login** button on the right side of the screen to access VA Appointments. You must have already registered as a user. If you do not have a My HealtheVet account, register by selecting the **Register** button on the right side of the screen and complete the registration form. Click on the login link in the Congratulations box to log in to your account.



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Step 2 – Access VA Allergies and Adverse Reactions Feature

After logging in to your My HealtheVet account, select **Track Health** then **Health History**:



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Step 3 – Access VA Allergies and Adverse Reactions/Self-Entered Allergies Logs

On the Health History page, a log(s) displays: **Self-Entered Allergies** and **VA Allergies & Adverse Reactions** (if you are registered as a VA Patient). The logs(s) display your five most recent entries.

- 1) On the **VA Allergies & Adverse Reactions** log, select **View More>** to view all entries
- 2) On the **Self-Entered Allergies** log, select **Add New** to add new entries. Click **View More>** to view all entries

VA ALLERGIES & ADVERSE REACTIONS		SELF-ENTERED ALLERGIES	
Date	Allergen/Reactant	Date	Allergy
01/13/2016	TETRACYCLINE	Mon 05/05/2014	flowers
11/21/2013	PENICILLIN	Tue 03/25/2014	grass
05/10/2013	ADHESIVE TAPE	Fri 03/15/2013	Dairy
01/31/2013	TETANUS TOXOID	Fri 02/08/2002	Cats & dogs
12/01/2011	MAALOX ANTACID		

- 1) Select a date for detailed information on the Allergen/Reactant

VA ALLERGIES & ADVERSE REACTIONS		SELF-ENTERED ALLERGIES	
Date	Allergen/Reactant	Date	Allergy
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01/31/2013	TETANUS TOXOID	Fri 02/08/2002	Cats & dogs
12/01/2011	MAALOX ANTACID		

Track Health | **Allergies and Adverse Reactions**

Personal Health Record of TEST MBVZZVSNINVENTWENTY

Health History

Allergies and Adverse Reactions Detail

You are viewing allergies and adverse reactions information that was entered by your VA provider.

Location: Portland DE VAMC

Date Entered: 01/13/2016

Allergen/Reactant: TETRACYCLINE

Reaction/Side Effect: GENERALIZED RASH

Allergy Type: DRUG

VA Drug Class: ANTIBIOTIC AGENTS, TOPICAL ANTIBIOTICS, TOPICAL OPHTHALMICS, TETRACYCLINES

Observed/Noted: OBSERVED

Comments: this is a test

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Step 4– Access VA Allergies and Adverse Reactions via Quick Link

On the Health History page, select the **Allergies** quick link which takes you to Allergies and Adverse Reactions Summary page.

The Allergies and Adverse Reactions Summary page provides a detailed list of allergies and adverse reactions from your VA medical record. You can filter your results by selecting a **Source** and then **GO**.

Select a hyperlink in the Allergen/Reactant column for detailed information on the selected item.

Date Entered	Allergen/Reactant	Reaction/Side Effect	Location
01/13/2019	TETRACYCLINE	GENERALIZED RASH	Portland OR VAMC
11/01/2019	PENICILLIN	URTICARIA	Walla Walla VA VAM
08/14/2019	ADHESIVE TAPE	PRURITUS	Portland OR VAMC
01/01/2019	TETANUS TOXOID		Alaska VA Healthca
11/01/2011	NSAID/ANTACID	ANAPHYLAXIS	Portland OR VAMC
12/04/2014	EGGS	NAUSEA AND VOMITING	Portland OR VAMC
11/01/2011	SULFA DRUGS	PRURITUS	Portland OR VAMC
08/07/2011	LINDOPOL	COUGH	Portland OR VAMC
05/01/2011	PENICILLIN	GENERALIZED RASH	Portland OR VAMC

Track Health

Allergies and Adverse Reactions

Personal Health Record of TEST MHZZVSNWENTY

Information last updated in My HealthVet on 01/13/2019 at 15:52

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Allergies and Adverse Reactions Summary

The following lists all of your allergies and adverse reactions from your VA facilities. Select an allergen/reactant to view the details.

Filter Result:
Select a source below and click the "Go" button to view the results.

Source: VA Self-Entered Both [GO](#)

Allergies and Adverse Reactions Detail

You are viewing allergies and adverse reactions information that was entered by your VA provider.

Location: Portland OR VAMC

Date Entered: 01/13/2019

Allergen/Reactant: TETRACYCLINE

Reaction/Side Effect: GENERALIZED RASH

Allergy Type: DRUG

VA Drug Class: ANTICHOLINERGIC, ANTIBACTERIAL, TOPICAL, OPHTHALMIC, TETRACYCLINES

Observed/History: OBSERVED

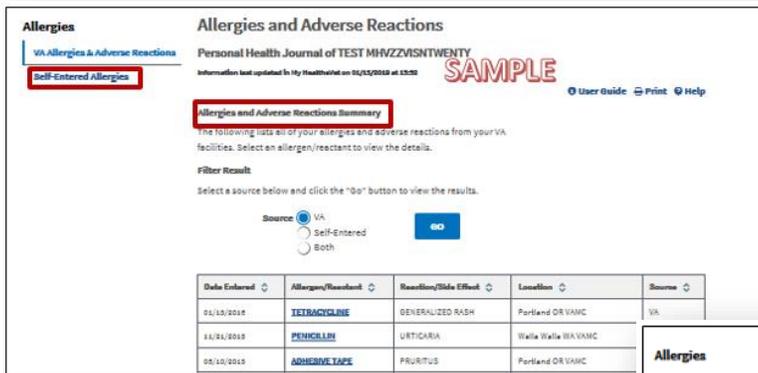
Comment: this is a test

[Return to List](#)

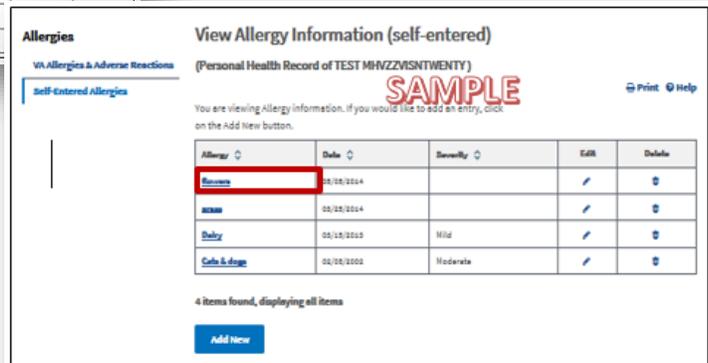
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Step 5 – Access Self-Entered Allergies via Quick Link

On the **Allergies and Adverse Reactions** Summary page, click on the **Self-Entered Allergies** quick link to be taken to the Self-Entered Allergies page.

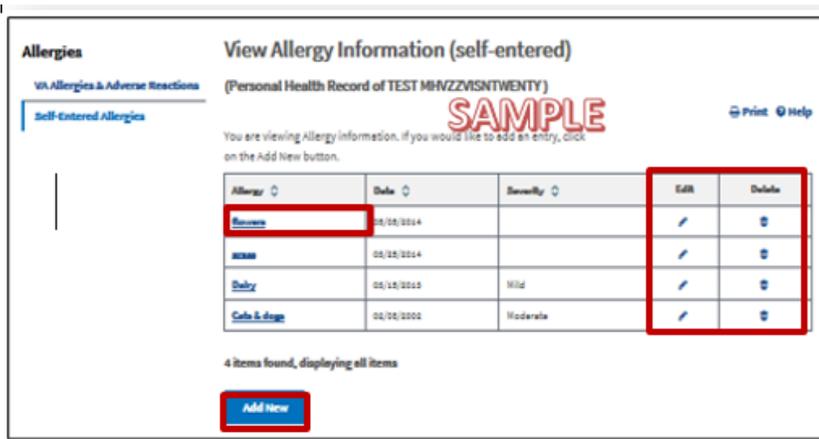


1) Select an allergy for detailed information.



2) Select the **Edit** column to change an allergy entry

3) Click the **Delete** column to remove an allergy entry



4) To add an allergy entry, select the **Add New** button

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5) Complete the entries (Be sure to complete the required fields *)

The screenshot shows a web form titled "Add Allergy Information(self-entered)" for a user named TEST MHVZZVISNTWENTY. The form includes a breadcrumb trail: "Allergies > VA Allergies & Adverse Reactions > Self-Entered Allergies". A "Help" link is visible in the top right. The form instructions state: "You have chosen to add an entry to this record. Record the allergy, date, severity, diagnosis status, reaction, and comments below." A note indicates that asterisks (*) denote required information. The form fields are: "Allergy:" (text input), "Date:" (calendar icon, pre-filled with 02/20/2019), "Severity:" (dropdown menu), "Diagnosed:" (dropdown menu), "Reaction:" (text area), and "Comments:" (text area). At the bottom, there are four buttons: "Save", "Save & Add Another", "Reset", and "Cancel".

6) Select a **Save**, **Save & Add Another**, **Reset** or the **Cancel** button for the next action you want to take

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Download Your Allergies Data via VA Blue Button

To download your data using the **VA Blue Button** feature:

- Select the **Blue Button Medical Reports** link on the dashboard on the home page
- Select **VA Blue Button Report**
- Select a date range
- Choose **VA Allergies, Allergies, Self-Reported** or **All of the Above**
- Click **Submit**
- Select **View/Download PDF** or **View/Download TXT***

*You can get your **VA Blue Button** information in two file formats. You can download it in a format that is easy to read and print (PDF file) or as a simple text format (TXT file). You may wish to review the information in your account first to be sure it is up to date before you download it.

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