Hey, My Health eVet
YOU'RE IN GOOD COMPANY!

Who uses My Health eVet?

- 7% Female Veterans
- 93% Male Veterans
- 65% Have a degree or some college

Take control of your health TODAY!

The My Health eVet portal (www.myhealth.va.gov) is a suite of tools that enables Veterans to create a free web-based Personal Health Record (PHR), access health education resources, and refill VA prescriptions. All VA patients are eligible to complete a one-time process of identity authentication to obtain an upgraded or Premium My Health eVet account. VA patients with a Premium account can access data from the VA electronic health record (EHR) and communicate electronically with their health care team using secure messaging. They can also refill prescriptions, track prescription deliveries, and view upcoming VA appointments.

Data collected July 01, 2018 to June 30, 2019 from a random sample of My Health eVet site visitors who navigated 4 or more pages during their visit.

Military period of service

- 66% Vietnam War
- 20% Persian Gulf War
- 15% Desert Storm
- 8% Global War on Terror
- 5% Korea War
- 1% World War II

Has your health care management improved?

- 39% Agree
- 23% Strongly Agree
- 16% Not sure
- 8% Strongly Disagree
- 4% Disagree

Most popular pharmacy tools

- 50% Fill a prescription
- 24% Track prescriptions delivery
- 22% View a medication history

Veterans also log on to My Health eVet to

- 18% View lab or test results
- 31% Use Secure Messaging
- 37% View VA Appointments

How much do Veterans use it?

- 85% of My Health eVet users access the patient portal at least once a month
- 47% of My Health eVet users access the patient portal at least once a week
- 28% have used My Health eVet for one year or more

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