

# Faith-based Community Best Practices

- Providing childcare at all functions
- Providing support during holidays and special occasions
- Adopting a Veteran, Service Member and/or their family
- Providing ministry outlets that are congruent with this population
- Staying connected with and serving as a pastoral resource during and after deployment

# Bibliographic Resources

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# Web Resources 1

## Basics

- VA homepage <http://www.va.gov>
- Seamless Transition <http://www.oefoif.va.gov>
- Veterans Benefits Administration <http://www.vba.va.gov>
- My HealthVet <http://www.myhealth.va.gov>

## Benefits

- Comprehensive guide to Army benefits <http://myarmybenefits.us.army.mil>
- Social Security benefits for any disability incurred while on active duty after 10/1/01 <http://www.socialsecurity.gov/woundedwarriors>
- Tricare Reserve benefits  
<http://www.tricare.mil/mybenefit/home/overview/SpecialPrograms/PreActBenefitNGR>
- Information about VA claims and forums with vets helping vets  
<http://www.hadit.com>
- 2008 VA benefits guide (PDF)  
<http://www.vawatchdog.org/08/fedben%202008.pdf>

# Web Resources 2

## Community Support

- Community resource database <http://www.nc211.org>
- Social Service contact numbers for NC counties <http://www.dhhs.state.nc.us/dss/local>
- Resources by NC counties <http://www.doc.state.nc.us/dop/education/jobstart/CountyResource.htm>
- Health and Human Services <http://www.nccarelink.gov>
- Vet Centers <http://www.vetcenter.va.gov>
- Support & resources for persons with limb loss <http://www.amputee-coalition.org>
- National Coalition for Homeless Veterans <http://www.nchv.org>
- Gulf War veteran resources <http://www.gulfweb.org>
- NC Division of Veteran Affairs <http://www.doa.state.nc.us/vets>
- NC Vocational Rehabilitation: programs and locations <http://dvr.dhhs.state.nc.us>
- Traumatic Brain Injury information and support groups [http:// www.bianc.net](http://www.bianc.net)
- Social Security Administration <http://www.ssa.gov>
- NC info on Substance Abuse & Mental Health Services <http://veteransfocus.org>

# Web Resources 3

## Education

- GI Bill Information <http://www.gibill.va.gov>
- Fund for Veterans Education <http://www.veteransfund.org>
- Educational opportunities for vets and families  
<http://www.doa.state.nc.us/vets/benefits-scholarships.htm>
- College Foundation of NC <http://www.cfnc.org>
- Community Colleges by county  
[http://www.ncccs.cc.nc.us/colleges\\_map.aspx](http://www.ncccs.cc.nc.us/colleges_map.aspx)
- Library of Medicine & Institutes of Health: Veteran health information  
<http://www.nlm.nih.gov/medlineplus/veteransandmilitaryhealth.html>

# Web Resources 4

## Family & Home

- Family wellbeing <http://www.clearinghouseenc.org>
- Raises funds to assist severely injured vets build/remodel adaptive homes <http://www.homesforourtroops.org>
- Veteran's Financial Aid <http://www.helpingheal.org>
- Social networking site for active duty members and veterans <http://www.vetworking.com>
- Resources to assist families with post-deployment transitions <http://www.veteransandfamilies.org>
- Programs for severely injured veterans (physical or psychological) <http://www.woundedwarriorproject.org>

# Web Resources 5

## Health

- My Health\_eVet <http://www.myhealth.va.gov>
- Deployment health resources <http://www.hooah4health.com/deployment>
- Health Information for women <http://www.4woman.gov>
- Online therapy center (Not covered by VA, but 20% discount)  
<http://www.mytherapynet.com/veterans>
- Health and medical resources for North Carolinians <http://www.nchealthinfo.org>
- Mental Health Self-Assessment Program <http://www.militarymentalhealth.org>
- National Center for PTSD: Research regarding symptoms and treatment  
<http://www.ncptsd.va.gov>
- Resources for vets with PTSD <http://www.ptsdhelp.net>
- Resources for veterans and their families <http://www.samhsa.gov/vets/index.aspx>
- Information on Gulf War Syndrome and on filing a claim with VBA  
<http://www.gulfweb.org/bigdoc/selfhelp.cfm>
- Alcoholics Anonymous: Support groups and information for problems related to alcohol <http://www.aa.org>
- Narcotics Anonymous: Support groups and information for problems related to drugs <http://www.na.org>

# Web Resources 6

## Recreation & Leisure within VA

- National Disabled Veterans Winter Sports Clinic  
<http://www1.va.gov/vetevent/wsc/2009>
- National Veterans Wheelchair games <http://www1.va.gov/vetevent/nwvg/2009>
- National Veterans Creative Arts Festival <http://www1.va.gov/vetevent/caf/2008>

## In Community

- Opportunities to learn and participate in sports for severely injured vets  
<http://www.svasp.org>
- Resources for learning and participating in adaptive recreation [http:// www.dsusa.org](http://www.dsusa.org)
- Adaptive sports and recreation programs for OEF/OIF vets [http:// www.lakeshore.org](http://www.lakeshore.org)
- Adaptive kayaking for disabled vets [http:// www.teamriverrunner.org](http://www.teamriverrunner.org)
- Rehabilitative biking for disabled veterans [http:// www.carolinascahllenge.org](http://www.carolinascahllenge.org)
- Sports programs for disabled veterans [http:// www.challengeaspen.com/veteran-programs.cfm](http://www.challengeaspen.com/veteran-programs.cfm)
- Adaptive golfing programs, facilities and instructors  
<http://www.resourcecenter.usga.org>
- Writing workshops for disabled OEF/OIF veterans  
[http://www.ntwh.org/index.php?globalnav=programs&sectionnav=other\\_programs&sectionSubnav=wounded](http://www.ntwh.org/index.php?globalnav=programs&sectionnav=other_programs&sectionSubnav=wounded)

# Web Resources 7

## Veteran Organizations

- Directory of Veterans Service Organizations <http://www1.va.gov/vso>
- Veterans of Foreign Wars. Assists members with filing claims; receives discounts <http://www.vfw.org>
- Disabled American Veterans. Assistance with filing claims and transportation <http://www.dav.org>
- AMVETS assists with filing claims and other beneficial veteran information <http://www.amvets.org>
- American Legion: Family support programs, financial assistance, transition assistance <http://www.legion.org>
- Iraq & Afghanistan Veterans of America. Resources and information for OEF/OIF vets <http://www.iava.org>
- National Veterans Foundation: Emotional support and assistance <http://www.nvf.org>
- Information and support for OEF/OIF veterans <http://www.iraqwarveterans.org>

# Web Resources 8

## Employment

- Search vacancies within federal government <http://www.usajobs.gov>
- Employment Security Commission of NC  
<http://www.ncesc.com/individual/veterans/veteransMain.asp>
- Employers seeking vets <http://www.recruitmilitary.com>
- Assistance for starting a business <http://www.vetbiz.gov>
- Resource for transitioning to civilian jobs  
[http://www.quintcareers.com/former\\_military.html](http://www.quintcareers.com/former_military.html)
- Job search for vets and families <http://www.vetjobs.com>
- Independent job board <http://www.veteranstoday.com>
- Portal to veteran job banks nationally <http://www.jobbankinfo.org/govtJobBanks.aspx>
- Employment transition from active duty to a trade <http://www.helmetstohardhats.com>
- Jobs and resources <http://www.hirevetsfirst.gov>
- Transition Assistance Online <http://www.taonline.com>
- Jobs and Resources <http://www.militaryexits.com>
- Resource if employer has acted unfairly following return from deployment <http://esgr.org>
- Army's Wounded Warrior Program <http://aw2portal.com>
- Job training and placement <http://www.goodwill.org>
- NC Vocational Rehabilitation: programs and locations <http://dvr.dhhs.state.nc.us>

# Other Resources

- Stress and Trauma Help Guide  
[http://www.helpguide.org/mental/emotional\\_psychological\\_trauma.htm](http://www.helpguide.org/mental/emotional_psychological_trauma.htm)
- Army Combat Stress Information  
<http://www.hooah4health.com/mind/combatstress/default.htm>
- National Center for PTSD <http://www.ncptsd.va.gov>

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