

# My HealthVet Quick Guide

## Connecting Accounts

For Users With

eBenefits/DS Logon Premium Accounts  
& My HealthVet VA Patient Accounts



The My HealthVet and eBenefits web portals now offer users the ability to **Connect Accounts**. Users with an eBenefits/DS Logon Premium account and a My HealthVet VA Patient account can now seamlessly go from eBenefits to My HealthVet. In addition, some My HealthVet users with a Connected Account may be able to start the process to upgrade their My HealthVet account online.

**Connecting Accounts** is a process that allows a user to enter one Username and Password and go to more than one web site.

For example: If you use your DS Logon Premium credentials to log into your eBenefits account, you can go directly to your My HealthVet account without an additional log in. This is considered a Single Sign-On (SSO) and your two accounts are connected.

Connecting accounts:

- Is easy to do
- Increases security to your personal information
- Makes it easy to move from one site to another

**Note:** *You cannot log directly into your My HealthVet account using your DS Logon Premium credentials. They can only be used to access eBenefits.*

You may be able to **Upgrade Your My HealthVet Account Online**. If you are enrolled in a VA health care facility, registered as a VA Patient in My HealthVet, and have an eBenefits/DS Logon Premium account, you may be able to start the upgrade of your My HealthVet Account online. If you start to upgrade your account online, you **will not** have to go through [In-Person Authentication](#) at your local VA health care facility

Before you can upgrade your My HealthVet account online, you need to:

- Be registered as a **VA Patient** in My HealthVet
- Have a DS Logon Premium Account
- Have your My HealthVet account information (full name, Social Security Number, date of birth and/or gender) **match** what is in [DEERS](#)

**Note:** *If you choose not to upgrade your account online, you can still get an upgraded My HealthVet Account the next time you visit your local VA health care facility.*

### Connecting Accounts

- Go to [www.ebenefits.va.gov](http://www.ebenefits.va.gov) and select **Login**
  - Type your DS Logon Premium Username and Password and select **Login**
  - In the *Manage Your Health Care Online* box, select **My HealthVet**
  - In the *Connect to My HealthVet* box, select **Go to My HealthVet Enter Here**
- If successful, you should be automatically logged into your My HealthVet account.

**Note:** For the connection of your accounts to be successful, your DEERS and My HealthVet personal information (e.g., full name, Social Security Number, date of birth and gender) **MUST** match

### Upgrade Your My HealthVet Account Online

After you have successfully **Connected Accounts**, if you are a 'VA Patient' in My HealthVet and do not have an upgraded\* account, you will be asked if you would like to start to upgrade your account today.

Follow these steps:

1. Download, print, and sign the [VA Release of Information \(ROI\) form \(10-5345a-MHV\)](#)
2. Mail your signed form to the Release of Information Office at your local VA health care facility. You can use the [VA Facility Locator](#) to find the address.
3. Now Select **YES – UPGRADE MY ACCOUNT**.

\*Please allow 10 – 20 business days to complete the upgrading of your account.

To learn more, visit the **Connecting Accounts** [Frequently Asked Questions](#). This site has questions and answers that may help you understand more about the feature and how it can help.